## Drowning in Debt? Reach Out!



## MORE THAN JUST MAPLE SYRUP CANADIAN NEVER TASTED SO GOOD (page 15)



#### BREAKING UP AIN'T EASY LONGORIA OPENS UP

{page 11}





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#### Japan's nuclear crisis worsens

## **Cops identify shooting suspect**

Youth's name and photo released to the public {page 2}

## Mooseheads rookie rockin' it

Czech player Martin Frk gears up for the playoffs {page 20}

# HRM owes big money for concert

▶ Practice of giving cash advances to promoters in return for ticket sale proceeds established in 2008 ♠ Auditor general to examine HRM's role in concerts, staff guidelines

HRM's acting chief administrator Wayne Anstey was on the hot seat yesterday as council got "upset" over his giving a \$400,000 forgivable grant to a concert promoter who is now out of business.

Two weeks prior to the Halifax Rocks concerts on the Common last summer, Harold MacKay with Power Promotional Events told HRM he needed more money or the concerts couldn't go ahead.

The first show on July 23 with Kid Rock as headliner was cancelled about a month before the concert. The Black Eyed Peas performed as scheduled the next night.

"Mr. Anstey, thinking the concert might not go and we'd be embarrassed, gave a forgivable grant of \$400,000," said Coun. Gloria McCluskey who is also the chair of the audit and finance committee.

The municipality had already provided a \$1.8-million loan and might have lost that money if the concert was cancelled.

The cash advance came out of the Metro Centre's budget. Power Promotional Events went under last October.

McCluskey said the cash advance goes against the Municipal Government Act and the policies of HRM.

#### **Mayor denies knowing**

A 2010 letter from Acting CAO Wayne Anstey authorizing payment to concert promoter refers to meeting with Mayor Peter Kelly.

 But Kelly said last night at no time did he have knowledge of the cash advance or give his consent.

"Council is very upset but Mr. Anstey was very forthright and he acknowledged that he did these things," McCluskey told reporters after yesterday's council meeting.

"It certainly isn't criminal, it's just a very bad error of judgment and he didn't bring it to council."

bring it to council."

Some of the grant was paid back through ticket sales, but HRM still owes the Metro Centre \$359,550.

Council voted last night to investigate if insurance would cover some or all of the cost, and if not, funds were set aside from a surplus account.

JENNIFER TAPLIN





## Teen suspect in shooting ID'd

Police say the suspect in Monday's shooting at Citadel High School is dangerous and in a rare move are releasing the youth's name and photo.

Halifax Regional Police are asking for the public's assistance in locating 16year-old Morgan Patrick Harrington of Halifax.

Police say anyone who encounters Harrington should avoid contact and call them immediately.

They allege Harrington is responsible for firing several gunshots outside the school entrance on Ahern Avenue around 3:15 p.m.

A temporary permission from the courts to release Harrington's information — normally protected under the Youth Criminal Justice Act — was granted by a judge to HRP yesterday.

The ban lasts for five days, or until the youth is arrested.

Spokesman Const. Brain Palmeter said it's uncommon for police to take this measure, estimating it happens once every two years.

"It's something that's obviously done with a great deal of consideration based on the incident we're investigating and the danger to the public," he said.

The two intended targets, believed to be students at Citadel, have not yet been located by police.

#### Charges

 Morgan Patrick Harrington faces 10 charges, including two counts of attempted murder and several weapons-related offences.

Two women were arrested Monday at a residence believed to be linked to the suspect on Divas Lane, but were released without charges. © KRISTIE PEARCE





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- The codes will direct your mobile browser to relevant content at

On the web at metronews.ca

Does 'the Harper Government' also mean 'Harper Ethics'? More at metronews.ca/ spindoctor



## Students react in wake of gunfire

• 'This incident didn't occur in school and I think that speaks to the fact that our schools are safe': School board spokesperson

Monday's shooting outside Citadel High School has left some students concerned and others unsurprised.

Just minutes after Monday's dismissal, gunshots were fired outside the school entrance on Ahern Avenue.

"I've heard of worse that happens, but when it happens at your own school that kind of worries you," said Rose Warde, 17, a Grade 11 student at Citadel.

Halifax Regional Police had four officers stationed at the school yesterday, which was reassuring for Emily Chisholm, 15.

"I feel a lot safer than I did yesterday," she said.

Chisholm, along with fellow Grade 10 students Olivia Lawrence and Hannah Jones, said they were not surprised by the incident. Fistfights are com"For the most part, our schools are among the safest places in the world."

DOUG HADLEY, HALIFAX REGIONAL

SCHOOL BOARD SPOKESMAN

mon at Citadel, they said, and they know of students who carry knives to school for protection.

Doug Hadley, Halifax Regional School Board spokesman, said they haven't had a problem with handguns, but have had students bring weapons to school. He said the board has not seriously considered installing metal detectors and feels they wouldn't make the school any safer.

"We're better served with students informing a staff member or the police if they feel there's any risk to their safety," Hadley said.

• KRISTIE PEARCE





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## HRM considers 'drastic' ways to ease traffic

Transportation plan looks at better transit, car sharingStaff coming back to council with recommendations



Some ideas from a consultant's report on how HRM could reduce traffic congestion brought more than one councillor to their feet yesterday.

Inside the approximately 100 pages of the Transportation Demand Management Functional Plan are suggestions and best practices from other cities.

"There are some drastic ideas," said Coun. Mary Wile

Some of these "drastic"

"I drive a half-ton truck and I don't plan to change." COUN. STEVE STREATCH

concepts are road tolls, increasing parking prices and installing parking meters at shopping malls, she said.

"There are lots of things in here that I don't think are very good."

But Ken Reashor, director of Transportation and Public Works, was quick to emphasize these ideas are all options that need to be explored and not necessarily the direction the municipality will take. "These are just a list of things that have been done in different places," he said. "This is just a bucket of tools."

Coun. Jennifer Watts said the plan is an opportunity to provide residents with more options and Coun. Jim Smith urged staff to consider more incentives for people to use moneds.

But Coun. Steve Streatch said there's going to be a lot of "heavy handed resistance" to some of those ideas.

"The flip side of incentives is penalties and discrimination," he said.

## Police warn of high-risk sex offender in Halifax

Police say a man assessed as a high-risk to reoffend sexually has been released from jail and now living in the city.

city.

Halifax Regional Police spokesman Const. Brian Palmeter wouldn't say specifically yesterday where 48-year-old Michael Ray O'Brien is residing, but that it is in Halifax.

"We want all citizens to

"We want all citizens to be aware ... if they see him and feel he's in violation, that they should call police right away," Palmeter said.



According to police, O'Brien has a criminal history involving offences against young children dating back to 1984. He has also been professionally assessed as a high-risk to reoffend in a sexual manner.

As part of his release, O'Brien isn't allowed contact with children under the age of 14.

He was released from prison last Saturday after serving two years and four months in federal prison in 2008 for breaching of a long-term supervision.

He also served four and a half years in prison for a sexual assault conviction from 2001. • PHILIP CROUCHER

#### Junior B hockey incident probed

windsor royals. The RCMP have launched a criminal investigation into an onice incident from a Nova Scotia junior B hockey

game last Saturday.

Police spokeswoman Sgt. Brigdit Leger told Metro yesterday a "complaint was received" regarding an incident from the playoff game between the St. Margarets Bay Ducks and visiting Windsor Royals.

"We are currently doing an investigation into an assault," she said. According to CBC.ca, Royals goaltender Tyler Whynot was "blindsided" by a Ducks player late in the game, sending the 21year-old to hospital.

regarder, sending the 21-year-old to hospital.

Leger said it's "less common" to investigate assaults from sporting events, but "if the investigation warrants charges, then they'll be laid."

PHILIP CROUCHER

## Dog shot in RCMP raid

The RCMP say one of its officers shot and killed a dog after it went for the throat of a police dog.

The incident occurred after officers raided two homes in Shubenacadie yesterday, arresting two men.

While at the second home, police say a service dog was attacked by a bull mastiff on the property. The mastiff latched on to

The mastiff latched on to the police dog's throat and couldn't be removed, a RCMP release says. An officer then shot the dog, and the police dog was rushed to a veterinary clinic in Truro where it was treated and released. 

METRO

## Union votes to strike

The union representing upwards of 3,000 health-care employees in the Capital District have voted in favour of strike action.

Eighty-five per cent of the Nova Scotia Government and General Employees Union Local 42 voted to strike should the government's offer of a one per cent raise over two years remain unchanged.

The vote amounts to a bargaining chip, with the NSGEU still at the bargaining table.

Local 42 includes more than 170 classifications of workers, such as social workers, lab technicians and pharmacists. • METRO

## Coach suspended

A coach of seven- and eightyear-olds has been suspended indefinitely by Hockey Nova Scotia while it investigates an allegation he urged one of his young players to get an opponent during a recent game.

The CBC reported yesterday that the novice coach with the TASA Minor Hockey Association outside Halifax was ejected by the referee during a game Saturday.

The coach was given an automatic four-game suspension but Hockey Nova Scotia has suspended him indefinitely while it investigates.

THE CANADIAN PRESS

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TALBOTS



## Gray matter takes centre stage at the Brain Fair

• Several organizations in attendance, including the Parkinson's Society and the Brain Injury Association of N.S.



Listening to classical music will not make you smarter.

This and other common brain misconceptions were among the abundance of information found at yesterday's Brain Fair held at the IWK Health Centre.

The fair is a part of Brain Awareness Week, an annual international event organized by the society for neuroscience and the Dana Alliance for Brain Initiatives, that runs until Friday.

"We do a lot of really important research here in Halifax and around the world," said Aaron Newman, associate professor of psychology at Dalhousie University. "It's important for the research to not just stay in the labs ... but get out to people who it can

The event was created to increase awareness among

#### **Brain Myths**

- Use You only use 10 per cent of your brain.
- Vaccines cause autism.
- Brain damage is
- permanent.

  Playing games keeps your brain young.

the general public about the importance of brain research and its contributions to brain health.

Jeremy Toma, a 29-year-old anatomy and neurobiology student at Dalhousie, stressed how important it is to wear protective equip-ment while playing sports.

"People are starting to understand how dangerous concussions are," he said.

As for exercising your brain, Newman said research shows people who learn a new language or join classes such as dancing or cooking stay cognitively healthier for longer.



#### **Poll shows residents** are loving the oval

The vast majority of Haligonians support retaining the Canada Games skating oval on the Halifax Common despite not having taken advantage of it themselves.

A new poll conducted by Corporate Research Associates found 84 per cent of HRM residents surveyed support retaining the oval on the North Common.

Only 30 per cent of those surveyed, however, said they skated on the oval when it was operational.

The poll surveyed 403 people from Halifax, Dartmouth, Bedford, Sackville, and other areas

Despite the geographi-



cal difference, support for the peninsular oval remained strong across the board.

The poll has a margin of error of plus-or-minus 4.9 per cent.

METRO

#### Knife used at **Saint Mary's: Police**

Police say two young men were injured after a knife was pulled in an altercation at Saint Mary's University.

Police say they were called to the school around

10 p.m. Monday after security officials reported an incident that began with a group of seven people. Police were told the seven were walking through a hallway when they became involved in an argument.

The argument became physical and one person pulled out a knife.

THE CANADIAN PRESS

#### Tourism minister's ad appearance creates debate between parties

of sheep brains during the Brain Fair at the IWK yesterday.

The Progressive Conservatives and the NDP traded barbs yesterday Tourism Minister barbs Percy Paris's appearance in a new government advertising campaign.

Paris appeared in a 31-second TV advertisement promoting the My Nova Scotia competition that began running on Monday.

Tory MLA Chris d'Entremont called a minister appearing in a non-partisan government ad a "slippery

slope."

"Will every NDP minister now have television ads promoting the activities of their departments?" asked in a statement.

The NDP was quick to point out several instances of former Tory cabinet ministers appearing in Government of Nova Scotia ads.

Attached to a response from Paris were two ads, one print and one radio,



from former Tory labour minister Mark Parent. A similar radio spot from former Tory and former education minister Karen Casey was also included. "I find this particularly surprising considering members of the previous government regularly appeared in advertising on past government initiatives," Paris said in a release.

The ads, including the My Nova Scotia television "There's no prohibition against ministers appearing in ads, and ministers of successive governments have, at times, appeared in ads." CNS MANAGING DIRECTOR RICK ALEXANDER

spot, were non-partisan in nature. There are no explicit rules prohibiting cabinet ministers from appearing in Government of Nova Scotia advertisements, according to Communications Nova Scotia managing di-

rector Rick Alexander.

The My Nova Scotia ad was not produced by CNS, however, like most tourism media, it was handled by the marketing firm Colour Creative Persuasion.

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#### Bus company's route change gets denied

The Nova Scotia Utility and Review Board has denied an application by a bus company to change one of its routes because of safety concerns and a dwindling number of passengers. Acadian Intercity Coach-

es asked in October to move the routing of a Halifax-to-Sydney run to the Trans-Canada Highway via Baddeck.

The run currently takes Highway 4 via St. Peter's, which the company argued is a winding rural road that presents additional challenges for drivers dur-



ing the winter months. În a decision released Monday, the board said it was not persuaded by the company's submission and ruled it must maintain service along Highway 4.

THE CANADIAN PRESS

#### **News in brief**

#### Honouring the contributions

**HOMAGE.** The Nova Scotia government is looking for ways to pay homage to the contributions that people of African descent have made in the province. The government will gather suggestions in a series of public consultation sessions across the province. The Office of African Nova Scotian Affairs will hold the sessions March 17 to 30. THE CANADIAN PRESS

#### **Reports of** lynx, bobcat sightings

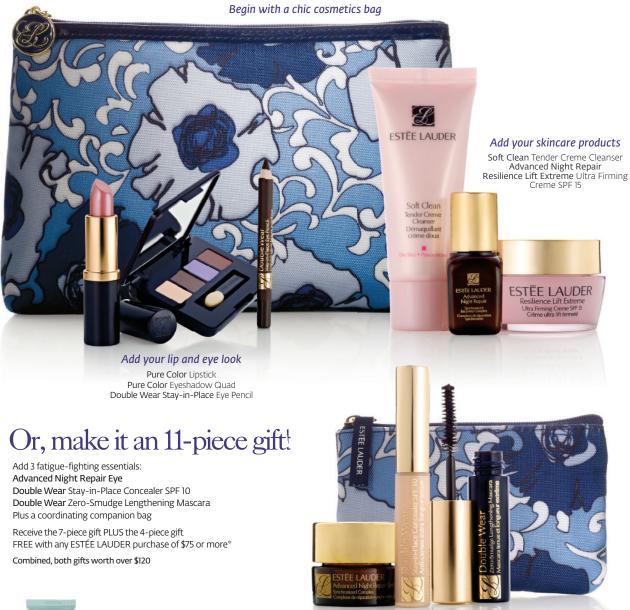
SNOW. Nova Scotia's Department of Natural Resources is attributing recent lynx and bobcat sightings to a lack of food and a lot of snow.

There have been a number of reports of sightings in Port Hawkesbury, Creignish, Long Point and the Margaree area. Department spokesperson Bruce Murphy says spotting one of the animals isn't unheard of in rural areas.

THE CANADIAN PRESS

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## Japan fights to avert a meltdown

### ● Officials halt plan to douse stricken reactor with water as radiation level forces workers to withdraw ● 140,000 ordered to stay indoors

Japan suspended operations to prevent a stricken nuclear plant from melting down today after a surge in radiation made it too dangerous for workers to remain at the facility.

Chief Cabinet Secretary Yukio Edano said work on dousing reactors with water was disrupted by the need to withdraw.

Earlier, officials said 70 per cent of fuel rods at one of the six reactors at the plant were significantly damaged in the aftermath of Friday's calamitous earthquake and tsunami.

Officials said they would use helicopters and fire trucks to spray water in a desperate effort to prevent further radiation leaks and to cool down the reactors.

The nuclear crisis has

triggered international alarm and partly overshadowed the human tragedy caused by Friday's double disaster, which pulverized Japan's northeastern coastline, killing an estimated 10,000 people.

Authorities have tried frantically since last Friday's earthquake and tsunami to avert an environmental catastrophe at the Fukushima Dai-ichi complex in northeastern

There are six reactors at the plant, and three that were operating at the time have been rocked by explosions. The one still on fire was offline at the time of the magnitude-9.0 quake. THE ASSOCIATED PRESS

#### Good news amidst the rubble

Rescuers pulled a 70-yearold woman from her toppled home yesterday, four days after an earthquakespurred tsunami tossed the house off its foundation in Japan's northeast.

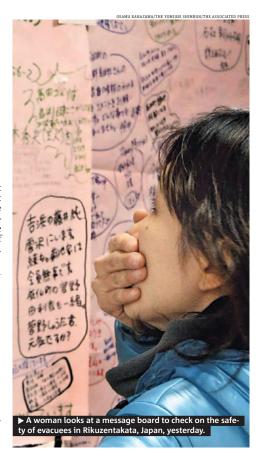
The rescues of Sai Abe and a younger man pulled from rubble elsewhere in the region were rare good news following Friday's disaster. Abe's son said he had tried to save his mother but could not get her to flee her home in the port town of Otsuchi. His relief at her rescue, he said, was tempered by the fact that his father is still missing.

The woman was suffering from hypothermia and was sent to a hospital, but appeared to

have no life-threatening injuries, said a spokesman for Osaka fire department.

Conditions for those still alive in the rubble worsened as a cold front arrived yestserday, further pushing down temperatures. Snow is forecast over the next few days.

THE ASSOCIATED PRESS



#### **World Vision**

## Japan devastated by quake and tsunami



World Vision needs your help to provide immediate humanitarian relief to the children and families of Japan.

On Friday, north-eastern Japan was struck by a 9.0 magnitude earthquake – one of the most powerful earthquakes in recorded history – triggering a powerful tsunami. Thousands have lost their lives and entire towns have been washed away.

#### Children urgently need your help.

More than 400,000 children and families have been displaced. Children are spending bitterly cold nights in the open without food or water:

#### World Vision is there.

At this moment, our staff is on the ground, working to ensure that relief gets to those who need it most. Additional disaster response experts are on their way to assist in assessing and responding to the most urgent needs.

#### Please act now to protect lives!

To rush emergency supplies to the children and families of Japan who desperately need help now, call **1 800 654-2650** or donate now at **worldvision.ca**.

World Vision is a Christian relief, development, and advocacy organization dedicated to working with children, families, and communities to overcome poverty and injustice. As followers of Jesus, we are motivated by God's love to serve all people regardless of race, religion, gender, or ethnicity.

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World Vision

Donate now. Call I 800 654-2650 or visit worldvision.ca



## Gadhafi sees dramatic turn in his fortune

Surprise attack takes rebels by storm ◆ His ruling regime returns in the west where it earlier crumbled

Moammar Gadhafi's forces struck the rebellion's heartland with airstrikes, missiles and artillery yesterday, trying for the first time to take back a city that serves as a crucial gateway for the band of fighters who threatened his four-decade hold on power.

Rebels rushed to the front and sent up two rickety airplanes to bomb government ships, as mosques broadcast pleas for help defending the city.

The pro-Gadhafi forces surprised rebels with attacks on two sides of the city of Ajdabiya, and the "They don't have the arms, but they have the will to fight."

LT.-COL. MOHAMMED SABER, AN
ARMY OFFICER WHO DEFECTED TO
THE UPRISING

opposition was outgunned as troops entered the city in tanks and personnel carriers. The assault on Ajdabiya in the east came after Gadhafi forces took back the last rebel town west of Tripoli. With the victory in Zwara, a seaside

town about 50 kilometres from the Tunisian border, the regime has largely consolidated control in the west, where only weeks earlier his rule seemed to be crumbling.

Lt.-Col. Mohammed Saber, an army officer who defected to the uprising, and an activist confirmed the use of the warplanes against government ships, and the activist warned rebels would now use them to bomb "oil wells and oil sites."

Gadhafi said he expects victory.

THE ASSOCIATED PRESS









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## 'Panic buying' grips Japan

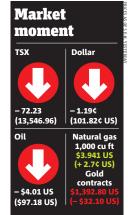
• 'Just about everything, except for super-hot chips, is gone': Tokyo resident ● Hoarding could hurt aid effort

Canned goods, batteries, bread and bottled water have vanished from store shelves and long lines of cars circle gas stations, as Japan grapples with a new risk set off by last week's earthquake, tsunami and ensuing nuclear crisis: panic-buying.

Far outside the disaster zone, stores are running out of necessities, raising government fears that hoarding may hurt the delivery of food aid to those who really need it.

"The situation is hysterical," said Tomonao Matsuo, spokesman for instant noodle maker Nissin Foods, which donated a million items, including its Cup Noodles, for disaster relief. "People feel safer just by buying Cup Noodles."

Michiaki Tada, a 40-year-



old Tokyo web programmer, was stunned to find the shelves bare at several convenience stores. He gave up and has been eating out

up and has been eating out. "It's like a joke. Cup noodles, rice balls, snacks — just about everything, except for super-hot chips — is gone," he said.

Even in the western city of Hiroshima, which was untouched by the disaster, stores are running out of batteries, a government official said.

The jitters spread across the Pacific to British Columbia where people were making a run on pharmacies, hoping to boost immunity to any radiation drift. Officials discouraged people from stockpiling potassium iodide, saying no health risks exist.

And the Canadian dollar was down sharply yester-day but well off early lows as the crisis in Japan roiled currency and equity markets around the world.

THE ASSOCIATED PRESS



#### Banking on her TypeF personality

She conquered the runway, television and Harvard Business School. Now Tyra Banks has her sights set on the Internet, with the launch of typeF.com, which offers personalized beauty and fashion advice.

#### **Productivity up after decline**

Productivity continued to improve in 2010, reversing a trend, Statistics Canada says. Labour productivity of

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Canadian businesses rose 1.4 per cent over the year, the most in five years. Service-producing businesses were behind much of the growth, led by retail, finance, insurance and real estate. THE CANADIAN PRESS

### **March Madness Sale**

Halifax Forum Multi-Purpose Facility

Friday, March 18: 10-9 Saturday, March 19: 10-8 Sunday, March 20: 10-4



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## Seafood industry growing: N.L.

Rising global food prices will likely continue to boost the value of seafood products from Newfoundland and Labrador, the province says. Its annual report for 2010 puts the production value for the fishery at \$942 million. That represents growth of almost 14 per cent over 2009, when it was \$827 million. The gains

were mainly a result of increases in the production value of snow crab and shrimp, with stronger market prices for those species.

Statistics Canada says the province exported 181,036 tonnes of seafood in 2010, valued at over \$780 million, an increase of 8.1 per cent in export volume over 2009.

THE CANADIAN PRESS



5.3%

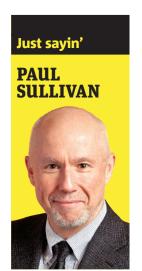
Overall employment in the Newfoundland fishing industry declined by 5.3 per cent in 2010 over 2009 due to an aging workforce and people leaving the province.

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## BEAR'S SUNSHINE DAYDREAM IS OVER



"What a long strange trip it's been."

Grateful Dead

ou might have missed it. If so, you're forgiven. Even if the Japanese earthquake wasn't the biggest story ever, you might have missed the death of Owsley Stanley in a car crash in Australia.

Owsley who?

Oh, just some guy who blew the mind of a generation. The guy who brewed the

purest LSD this side of a Swiss chemist's lab.

The LSD that the Beatles dropped during the making of the Magical Mystery Tour.

The King of LSD produced a half-kilo of pure LSD during his

career as the rock 'n' roll chemist. Doesn't sound like much, but that's five million doses. Enough to make "psychedelic" a household word.

Because he was also the sound engineer for the Grateful Dead, he was at ground zero of Woodstock Nation, his work immortalized in the lyrics of Jimi Hendrix and Steely Dan, to

name just a couple. Thanks to Owsley Stanley, more than a few sleek, grey stockbrokers, doctors, lawyers and politicians occasionally stop and stare at an interesting carpet pattern for longer than might seem absolutely

During the period around the Summer of Love — 1967 — Stanley was everywhere.

He designed the dancing bear logo for the Grateful Dead. In

fact, he was the dancing bear his nickname was Bear and he was a dancer. He was also the grandson of the governor of Kentucky.

He supplied the LSD for The Merry Pranksters Acid Test, which Tom Wolfe chronicled in The Electric Kool-Aid Acid Test, and journalism, formerly the domain of serious guys in trench coats, was never the same.

Unlike most people who tripped out in the '60s, then got a real job, Stanley stayed out there. Way out there.

He moved to Australia because he thought the Northern Hemisphere was due for another Ice Åge. He ate only dairy products and meat, because he believed human beings were natural carnivores and viewed vegetables as toxic.

He died Sunday at 76 after los-

ing control of his car and sliding down a hillside near his home. It's hard to believe his adventures with LSD and the law once made international headlines, but it's hard to believe men don't let their hair grow long any more. They're lucky if they still have hair.

Owsley Stanley was the first hippie — and he was the last hippie. Woodstock Nation is now officially a thing of the past. Won't be long before the next generation thinks we made the whole thing up, like Atlantis

Meanwhile, the dancing bear is now among the grateful dead



Read more of Paul Sullivan's columns at metronews.ca/justsaying

#### Cartoon

#### STEPHEN HARPER'S VISION FOR CANADA:



#### MICHAEL IGNATIEFF'S VISION FOR CANADA:



## EU to test nuke plants

#### Worth mentioning

Shocked into action by Japan's atomic crisis, Éuropean energy officials agreed yesterday to apply stress tests on nuclear power plants and Germany moved to switch off seven aging reactors -

one of them permanently.
The European Union's energy chief called for a reassessment of the 27-nation bloc's energy policy, and questioned what role nuclear power should have in the future.

"We have to ask ourselves: Can we in Europe, within time, secure our energy needs without nuclear power plants?" EU energy commissioner Guenther

#### Reassessment



Oettinger told German ARD television.

Energy ministers, nuclear regulators and industry officials meeting in Brussels found "general agreement" on the need for tough tests to check whether the EU's 143 nuclear reactors could withstand earthquakes and other emergencies, Oettinger said.

The stress tests will be devised using the "strictest" nuclear standards in the bloc and be applied in the second half of the year, he said, adding that plants that fail the tests would have to shut down. He invited non-EU nations including Russia and Switzerland to join the initiative. THE ASSOCIATED PRESS

Should we rethink using nuclear power? Why? **Email** halifaxletters @metronews.ca **Twitter** @metrohalifax

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#### **Metro Minute at Neptune Theatre**

Time is running out to see Neptune Theatre's latest production on the Fountain Hall stage.

The Beauty Queen Of Leenane is in its final week, with the play ending Sunday.

Based in an Irish village in the early 1990s, the play centres on the life of a 40-year-old woman who, for the past 20 years, has been taking care of her selfish mother. When the daughter finds time to escape for love, her mother has other ideas.

Acts of betrayal, deception and tragedy ensue in a play described as fresh and edgy with dark humour

For showtimes, visit neptunetheatre.com.



# scene

Scene in brief

Canada's newest

competition will

be judged by Vanilla Ice, Jann Arden and Sim-

ple Plan singer

Pierre Bouvier.

pass judgment on wannabe

crooners on the

upcoming Glob-

The reality show asks Cana

workplace glee

clubs" and battle

for the charity of their choice.

al TV series

Canada Sings!

dians to form

The trio have

been recruited to

reality singing

## What's on the silver screen this spring

Here's Metro's look at what will make you laugh, love, cry and scream this spring



STEVE GOW SCENE@METRONEWS.CA

It's not just the weather that's warming up after a long, snowy winter — the cinema's getting a little hotter too.

Some of the year's best films arise in anticipation of summer's blockbuster onslaught.

With this year's crop involving everything from dramatic literary adaptations (Water for Elephants, April 22) to bizarre horror tales about telepathic tires (Rubber, April 8) springtime blooms with something for all.

#### APRIL SCREAMS FOR MORE

While the action flares up shortly after the spring equinox with Zack Snyder's (Watchmen) Sucker Punch (03/25), the hits keep on coming in the form of sci-fi thriller Source Code (04/01), the creepy ghost story Insidious (04/01), the latest installment of the Fast and the Furious — Fast Five (04/29) and the highly anticipated return of another blockbuster franchise — Scream 4 (04/15).

But April balances the suspense with a few

lighter options as well. Watch for animated family fare like the Easter Bunny comedy Hop (04/01), the flightless bird feature Rio (04/15) and the sequel Hoodwinked Too! (04/29). Plus, April features funnymen like Russell Brand reinventing Dudley Moore's iconic role in the remake of Arthur (04/08), Danny McBride (Eastbound & Down) goes medieval in Your Highness (04/08) and Tyler Perry revisits Madea's Big Happy Family (04/22).





#### MAY PROVIDES WITH THOR

Adventures continue in May as multiplexes are overrun by comic book fans when Marvel's longmaned superhero Thor (05/06) makes his cinematic debut. Meanwhile, buccaneer buffs will flood theatres once Pirates of the Caribbean: On Stranger Tides opens (05/20). However a week later, the tone will alter dramatically when The Hangover: Part II (05/27)

shows what damage Bradley Cooper and company can produce in Bangkok.

Other anticipated hits include comedian Kristin Wiig having her own hangover moment in Bridesmaids (05/13), Super Size Me director Morgan Spurlock's latest documentary The Greatest Movie Ever Sold (05/06) and the animated sequel Kung Fu Panda 05/26).





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# Breaking up was hard on Longoria

• Still working through split from Tony Parker

The six months that have passed since Eva Longoria's split from Tony Parker haven't made things any easier on the Desperate Housewives star.

"Every time I talk about it, I want to cry," Longoria tells Allure magazine. "It's been hard. Very hard ... I'm kind of having to find new patterns because I'm not used to having — I'm used to always being on a plane and flying to a basketball game," she admits.



Tasteless tweets: No more quacks

Gilbert Gottfried has lost a lucrative job voicing the Aflac duck mascot in commercials after posting insensitive jokes to Twitter in the aftermath of Japan's recent earthquake and tsunami, according to the Hollywood Reporter.

"Gilbert's recent comments about the crisis in Japan were lacking in humor and certainly do not represent the thoughts and feelings of anyone at Aflac," a company spokesman says. "There is no place for anything but compassion and concern during these difficult times." Aflac, which does about 75 per cent of its business in Japan, is set to launch a casting call for a new actor to voice the duck.

Josh Groban

groban] Is any-

one else hav-

ing a really

hard time sleeping tonight? (other than my selfish snor-

[Ajosh



#### **Celebrity tweets**



Russell Brand [@rustyrockets] COY!! Quick anatomy lesson- the

"top of the arm" is called the SHOULDER!

japan unfolding and wonder

if some of those cities will

ever be rebuilt or if they will

remain ghost towns.



Sarah Silverman [@SarahK Silverman] RIP @charliesheen (The FERRIS

BUELLER'S DAY OFF one)

METRO

#### Gibson a grandpa x 3

In the midst of his ongoing legal battle with ex-girlfriend Oksana Grigorieva, Mel Gibson has reason to celebrate. The actor has become a grandfather for the third time, as daughter Hannah recently gave birth to a son, according to People magazine.

The controversial actor and director "was overwhelmed with emotion," according to a friend. "He gets that way around babies. He was overioved."

METRO

## Fatherhood for Ryan?

Ryan Phillippe may be getting set to be a father for the third time, as ex-girl-friend Alexis Knapp is reportedly pregnant and in her second trimester, according to People magazine. The pair dated last year before splitting in

September. Sources close to Knapp insist Phillippe is the father, but it has yet to be confirmed. "Ryan is aware of the situation [and] totally prepared to take responsibility should the child be his," a source says.







scent of fresh flowers, and touchable smooth

skin as you get ready for fun in the sun. There's no limit to what spring can bring when your skin

can feel its best!





#### **Travel in brief**



The travel site TripAdvisor has chosen Pigeon Forge and Gatlinburg in the Smoky Mountain area as among the best U.S. family destinations to discover. Pigeon Forge was listed No. 4 and Gatlinburg No. 6. Williamsburg, Va., was No. 1.

Winners were based on recommendations from reviewers who travelled with family. The two Tennessee towns, between Interstate 40 and the Great Smoky Mountains National Park, are lined with tourist-related attractions.

THE ASSOCIATED PRESS



• Georgia's gem is called the 'hostess city of the south' for a good reason • Politeness and hospitality just add to the charm of this city that embodies America's Deep South



# Savannah's historical beauty

## "By day, Savannah is blushing southern belle, but by night this good time gal can really kick her heels up!"

Savannah, the one-time capital of the state of Georgia, still feels like the soul of America's Deep South. Be ready for glorious days, balmy nights and lashings of southern hospitality.

#### See

Savannah is greater than the sum of her parts. There is no single gee-whizz attraction but everywhere you go you get a real feeling you've just walked into a Faulkner novel. Head for the historic waterfront, or der a mint julep and enjoy the graciousness of the Savannah folk.

#### Hear

"Have a nice day y'all." Savannah is known as the "hostess city of the south"—it was once a cheesy promotional slogan but it somehow stuck and within minutes of being here you'll realize why.

#### Eat

At the Olde Pink House. Built in 1771, with a pink stucco facade, this long-time favourite (and ex-Civil War HQ) is formal, yet the food is as deliciously Southern as it gets. Sautéed local shrimp with country ham and grits cake, crispy scored floundard.

der with apricot sauce — the menu is as long as it is delicious.

#### Drink

Mint juleps. It has to be. The classic mix of bourbon, sugar, water and spearmint is as southern as it gets. Ideally served on the porch of course but also available at great bars in the historic district like Churchills, the Six Pence pub, or 309 West.

#### Wear

Guys can do a lot worse than a classic linen suit, which is cool, practical and a big southern statement. Ladies might opt for ultrafeminine southern belle dresses. Oh, come on, it's fun. Either way, take decent shoes — some of the cobbled streets are a night-mare!

#### Do: Look up

Much of Savannah's charm lies in the way she doesn't seem to have changed much since colonial times. The scenery, all grandiose mansions and Spanish moss-covered oaks, and even civil war forts, reflect the city's importance (and prosperity) both then and now. Look a little closer and you'll also see a good time gal just below the prim and proper surface.

#### Don't: Go naked

St. Patrick's Day is a big deal here, with major (slightly drunken) parades. There is a bizarre tradition that encourages women (slightly drunken) to go topless. But in recent years the police (slightly drunken) have taken an increasingly dim view of this so maybe best to keep covered-up.

#### Say: Sir and ma'am

Courtesy and manners are a big big deal here. So don't forget them. A well-placed please and thank you can mean the difference between the best steak in the house and a mangy piece of yesterday's left-overs.

For more information, check out savannah visit.com. • METRO

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## Greek cuisine keeps it nice and simple

◆ There's a lot more to Greek food than souvlaki, musaka and tzatziki
◆ Take a trip to the south of Athens to taste incredible fish dishes, or to the north to sample a T-bone steak



The key element of Greek cuisine is simplicity. If you look through old cookbooks, you will find that most recipes are based on just a few ingredients: a protein, some oil, some herbs and perhaps yoghurt. The best dishes feature Mediterranean flavours without being too heavy, overbearing or needlessly complex. We took a tour of the best.

If you want to sample the pillars of Greek cuisine, Athens is a good place to start. You'll want to try souvlaki, and the best place to go is Thanas-sis at Monastiraki Square. This restaurant is always packed, so take a seat outside where you can enjoy one of their skewers of extra juicy meat dipped in fresh and cool tzatziki sauce and rolled in a crispy bread pie with tomato and onions. The kebab there is also a must. Those dishes, along with the famous layered musaka or slow-



cooked lamb kleftiko, are classics and delicious, but if you go to Greece and only ate that, you would miss out on the essence of our food. Sometimes the most authentic dishes are found outside the big cities.

If you love fish, go to the southern and eastern suburbs of the capital. Take a trip to the port of Lavrio about 69 kilometres from Athens, where you'll find a welcoming restaurant called Syrtaki on Sounio Avenue. It's one of the most famous and popular fish taverns in the area and it follows the rules of simplicity. There's nothing fancy here, just

delicious fresh fish, fresh seafood and fresh salads.

If you love meat, then head north from Athens to Penteli. The area, which is part of the Athens metropolitan area, is just a half an hour's drive from the city centre. Look out for Christos & Olimbia, an old family tavern located on the central square in Old Penteli. It comes highly recommended for its excellent T-bone steaks, pork chops, lamb and the reasonable prices.



### **Quick tips**

Serious foodies should leave the centre of Athens and go to Mellissia, a half-hour drive from the city centre. There you will find Afthereto, a small house in the middle of a comb, which serves the most delicious mezedes and the hottest cheese-cream you have ever tried.

#### **STAY**

For a place to stay in the centre of town, try Achilleas Hotel, a small, recently-renovated boutique hotel, located in the centre of Athens' nightlife and next to all the important landmarks. achilleashotel.gr

#### **TRAVELLING**

Athens is a 24-hour city and you should not be afraid to walk around at any time of the day. However, there are some areas in Athens where you shouldn't walk alone at night. Stay away from Evripidou Street at Psyrri. Omonoia Square and Theatrou Square and away from poorly-lit streets.

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metronews.ca WEDNESDAY, MARCH 16, 2011 15

## Good enough to make you belt out 'O Canada...'

Dieticians of Canada's latest cookbook spotlights the use of locally grown food in your kitchen

### DINNER EXPRESS

EMILY RICHARDS FOOD@METRONEWS.CA



It's always nice to cook with friends. Now, imagine hav-

imagine having friends across Canada who are dietitians and it

want to help you eat healthfully and celebrate Nutrition month.

March spotlights locally grown food in Canada, and dietitians from across the country share their recipes in the latest Dieticians of Canada cookbook, Cook! by Mary Sue Waisman.

The book is designed to lend a hand to families when it comes to preparing healthy meals and eating nutrient-rich foods from all four of Canada's food groups.

It also encourages families to make the effort to dine together.

"Research clearly shows it's worth the effort to eat together," says Waisman. "When families eat to-

"When families eat together, generally speaking, they eat better. Best of all, home-cooked food tastes very delicious!"

Cook! is full of recipes

and photos for meals like this Orange Ginger Beef. Nova Scotia dietitian

Nova Scotia dietitian Jennifer Garus gives the Asian favourite a Canadian twist by throwing in locally grown cilantro and using a cut of Canadian beef.

For more information about Dietitians of Canada, check out dietitians.ca.

#### Orange Ginger Beef

#### **Preparation:**

In a bowl, combine ginger, garlic, pepper, 1 tb-sp (15 mL) of the oil and hoisin sauce. Add beef and stir to coat well.

Cover and refrigerate for at least 4 hours.



Drain marinade from beef; discard marinade. Heat a non-stick skillet over medium heat. Add half the beef and sauté for 4 minutes or until lightly browned. Transfer to bowl; set aside. Repeat with the remaining beef.

In a small bowl, whisk together cornstarch and

#### Ingredients:

- 2 tbsp (30 mL) minced fresh ginger
- 1 tbsp (15 mL) garlic1 tsp (5 mL) black pepper
- 1 tsp (5 mL) black pepper
  2 tbsp (30 mL) canola oil

orange juice.

Add remaining oil to skillet and sauté mush-rooms for 3 to 4 minutes or until lightly browned. Return beef and accumulated juices to skillet. Stir in cornstarch mixture and cook, stirring, for about 3 minutes or until sauce is thickened. Serve

- 1 tbsp (15 mL) hoisin
- 1 lb (500 g) beef eye of round, cut into strips (3 x 1/2 inch/7.5 x 1 cm)
  1 tbsp (15 mL) cornstarch
- 3/4 cup (175 mL) orange

garnished with cilantro and orange rind. ADAPTED FROM DIETICIANS OF CANADA'S COOK! BY MARY SUE WAISMAN/THE CANADIAN

EMILY RICHARDS IS A PROFES-SIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND TV CELEBRITY CHEF. FOR MORE ON EMILY, VISIT EMILY, VISIT EMILYRICHARDSCOOKS.CA.

#### juice

- 2 cups (500 mL) quartered mushrooms
- 2 tbsp (25 mL) chopped
- fresh cilantro
   1 tbsp (15 mL) grated orange rind



metronews.ca wednesday, march 16, 2011

#### WHEN TEXTS GO TOO FAR

### **Workplace Law** DANIEL LUBLIN IS AN EMPLOYMENT LAWYER WITH WHITTEN & LUBLIN LLP. DAN@CANADA

ffice romance is a tricky business. For Zbigniew Augustynowicz the Garden of Eden simply had too many forbidden fruits. As the owner of Metro Aluminum Products, an aluminum manufacturer in Surrey, B.C. Augustynowicz confused a failed office romance with sexual ha-rassment. When he did, it became the recipe for a workplace disaster.

Augustynowicz met Lisa McIntosh when she started working for his company as a driver. Two weeks later, he asked her out for a drink after work. McIntosh agreed, and they chatted about work and family. Augustynowicz claimed he was no longer married. Soon they started dating and exchanging text messages at work.

Having later learned that Augustynowicz was still married, McIntosh tried to end the relationship. Augustynowicz did not take this news well. He contin-ued to send her provocative text messages, repeatedly calling her a "bitch" and propositioning her

McIntosh told Augustynowicz

to stop texting her and tried to ignore him. However, Augustynowicz was persistent and his texts became progressively more offensive. When McIntosh refused his entreaties, he asked if he could date her daughter instead and enquired if she had "any horny girlfriends." After McIntosh declined to rekindle the relationship, Augustynowicz texted her saying "the hell with u, I tried." Finally, McIntosh threatened to contact the

On the verge of a breakdown, McIntosh went to a doctor and was granted eight to 12 weeks' off work for stress. When she gave her doctor's note to the shop manager, he said he had no choice but to replace her and then "assumed" she quit. But McIntosh had not quit, so she complained to the Human Rights Tribunal.

At a recent trial, Augustynowicz attempted to justify his ac-tions by arguing that McIntosh was both a "willing participant" and a "workplace flirt." However, these arguments were swiftly dismissed by the tribunal, which found that McIntosh was sexually harassed when she insisted the texts come to an end. The tribunal ordered Metro and Augustynowicz to pay significant damages for lost wages and mental distress.

It comes as no surprise that Metro and Augustynowicz's arguments were easily van-quished, especially at a left-lean-

ing human rights tribunal.

The arguments that she was a "willing participant" and a "workplace flirt" represent excuses rather than valid legal defences, as the mere fact that an employee had a prior relationship with a boss will never be seen as a licence for unwelcome



## What is Relay For Life?

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**EASTERN SHORE, JUNE 17** 

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DARTMOUTH, JUNE 24 **CFB Shearwater** 

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metronews.ca WEDNESDAY, MARCH 16, 2011

## Little Sally's ready for the cyberworld

Parents of today are gearing their children up for the web as early as possible



It will likely be a few more years before her children will send out emails, instant messages and tweets, but Michelle Branco has already given them a head start in establishing their digital foot-

She has set up Gmail accounts for her six-year-old daughter and four-year-old son to ensure they'll be able to have email addresses bearing their names, which are increasingly difficult to obtain.
"When I mentioned that (I did

that) to someone the other day they said, 'I hadn't even thought of that,'" said Branco, who runs the blog mamabear.ca, covering subjects such as breastfeeding, parenting and health.

"For a lot of people it doesn't even cross their minds, whereas because I'm in it all the time, some of this stuff seems more important to me than it might to the person that doesn't use it.

After attending a recent panel on social media and the family, the Toronto mother decided to register domain names for her children as well.

"Honestly, I'd never even thought of it before and I thought, You know what? That's probably not a bad idea, so I went out and did it the next day," she said.

"I thought, It's something that I can reserve for them now and if

can reserve for them now, and if they want to use it later they can use it. And if not, it's only 10 bucks a year, so it's not a lot of money wasted," she added, noting that the kids may want to have a future online presence with a dot.com or blog

Registering email accounts for

children isn't a new concept for Benjamin Errett, first-time father

to a baby girl.

"It's actually a bit of a family tradition when we have a new kid to set up a Gmail account for them and then CC them on getting together," said Errett, managting together," said Errett, manag-ing editor of features at the Na-tional Post and author of the memoir Jew and Improved: How Choosing to be Chosen Made Me a Better Man. "In the event they can actually get to that when they grow up, it will be amusing to see"

Many children already have an online presence early on from parents posting images or videos of their little ones on social media pages or sharing them with loved ones via email and digital photo albums. Yet by registering cus-tomized accounts, domain names and profiles in their names for future use, some tech-conscious parents are giving their kids a digital

jump-start.
An online survey for Internet an online survey for internet security company AVG released last fall found 81 per cent of kids under the age of two currently have some kind of digital profile or footprint, with images of kids posted online. In Canada, that percentage surpassed the average, at 84 per cent. Canadian moms ranked first among respondents who uploaded prenatal scans on-

line at 37 per cent.

The research conducted by Research Now polled 2,200 mothers in North America, Germany, France, Italy, Spain, Australia, New Zealand, Japan and the U.K. THE CANADIAN PRESS

**^ √ √** 

metr@work

metronews.ca

## Enough with the nitpicking

• The boss who micromanages accomplishes little more than breeding irritation among fellow staff



If you want something done right, you should do it yourself. But as the boss, if you find yourself involved in every mundane chore in the office – teaching the accountants how to format a spreadsheet, reminding the cleaning staff how to knot a trash bag – you may become the micromanager.

Few workplace tyrants exact a more devastating toll on their company's morale. And the worse part, career counsellors say, is that your typical nitpicker-in-chief think they're being a mentor – when they're truly being a tormentor.

"One of the consequences of micromanaging is people feel they're being controlled," New York-based executive guide Barbara Frankel says. "They



start not being engaged in their jobs. They feel their ideas and knowledge have been dismissed."

Communication Coach

Donna Flagg has a stronger way of putting that.

"People hate you," she says. "You're that boss that makes people say, 'I can't stand my job.' When underlying everything you do what you're saying is, 'I cant trust you to do anything right.'"

The symptoms of a workforce taxed by meddlesome management are easy to spot, she says. Do your underlings avoid your eye contact? Or you?

If so, consider that seething resentment "a red flag and an opportunity to see what's going wrong," she offers.

"You need to find out, is it you, and you're a control freak, and this person would do just find if you left them alone, or do you have a problem employee who really can't get out of bed in the morning," she explains. "Full back and see what happens."

Meanwhile, "set up more regular communication," Frankel advises. Boss's paranoia – that

Boss's paranoia – that dread that you're no longer in the loop – drives many a manager to dominate their workers.

Scheduled progress reports can alleviate that fear.

"Be very clear in your expectations," she adds. "Communicate the priorities and the timeline for each project."



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• Lowering the statistics of high school dropouts will require consideration of both the material being taught and the way that it is being presented

## Keeping kids in the classroom

How do we help students stay in school?

For most people, completing secondary school has become a basic requirement to be able to live satisfying and productive lives.

Much has been learned about the factors that keep young people on track to successful high school graduation.

The most important single factor is students' feeling of connection to the school and in particular, the belief by every student that there is at least one adult in the school who knows and about them. Schools can do many things to promote this,

such as assigning teacher advisors, and taking action early when a student shows signs of being in difficulty, both personally and academically Schools can reach out to struggling students to offer extra support; sometimes only a small amount of such support is enough to make a big dif-

#### Helping hand

For online resources on helping students stay in school, as well as the research references that inform this issue, please visit cea-ace.ca/facts-oneducation.

ference.
Also important is an engaging curriculum and effective teaching practices.

Many students do not find their lessons intellectually stimulating. dents want and need work that challenges their abilities but that also provides the opportunity to be successful. This is only partly a matter of the content; it is also a matter of effective teaching and of fair assessment practices.

Students do better when they feel they have some input into the kind of work they do, opportunities to improve their work, and teaching that pays attention to their knowledge background and interests.

The fourth key factor is a respectful environment, where staff and students treat one another with consideration thoughtfulness, where students have a voice in how the school operates, and where rules show consideration for stu-dents' individual needs and circumstances

High schools that embody these features will have better outcomes and better graduation rates.

COURTESY OF THE CANADIAN EDU-CATION ASSOCIATION (CEA) AND THE ONTARIO INSTITUTE FOR STUDIES IN EDUCATION/UNIVER-SITY OF TORONTO (OISE/UT)



## Using travel as a teacher

When the annual thaw begins in earnest, thoughts of taking up a new hobby or planning a road trip begin to heat up for many Canadians. In fact, when asked to identify goals they would most like to pursue in the short term, 62 per cent of

Canadians said they would like to travel, while 32 per cent said they were looking to take up a hobby, such as learning a new language.

A new class of Canadians identified in a recent Angus Reid survey commissioned by American Express Canada, is showing a preference for combining these two Many would-be tourists now opt for vacation plans that immerse them more fully into the culture of a destination through art classes, volunteering abroad or work exchange programs.

"Our research shows that a certain breed of Canadians, we've identified as 'potentialists,' are fo-cused on getting more out of life and realizing their personal potential in everything they do, particularly

when they travel," said David Barnes, vice president of communications American Express. "You're more likely to see this sort of traveller dropping into a cooking class at an out–of–the–way Paris bistro than touring the Eif-

fel Tower, for example '

As tastes for travel evolve around you, ask yourself if you can inject some new life into your spring or summer vacation plans by looking for opportunities to get involved in the community while you travel. NEWS CANADA





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# sports

**More sports** 



**Louis Leblanc** (pictured) and the Montreal **Juniors need just** three points in their final three **QMJHL** regularseason games to guarantee a first playoff round against the Halifax Mooseheads. The secondplace Juniors play the Rimouski Oceanic tomorrow and the Victoriaville **Tigres on Friday** and Sunday.







## Frk finding form on and off ice

◆ After seven months in Halifax, Martin Frk is getting comfortable ◆ He struggled with English at first, but is now conducting interviews and understanding coaches



Martin Frk laughs nervously when he's asked for an interview.

"Oh ... I'm not sure," says the Halifax Moose-heads rookie, half hiding behind his hockey gloves as he leans on the end of his stick after a team practice.

The 17-year-old can count on one hand the number of English interviews he's done since arriving in Halifax from the Czech Republic last August, so he's understandably uncomfortable with the process.

But get him talking and it's clear he's better at it than he realizes.

"First time here, my English very bad, but I go in school and go in library, and it's helped me," he says. "Now, it's better."

Unlike Tomas Knotek and Jakub Voracek, the last two Czech stars to suit up for the Mooseheads, Frk didn't have a countryman for a teammate when he How Martin Frk's projected rookie numbers match up against past Mooseheads rookies from the Czech Republic:

2002-03 2006-07 2007-08 2010-11

PETR VRANA IAKUB VORACEK TOMAS KNOTEK MARTIN FRK

GP G A PTS GP G A PTS
72 37 46 83 59 23 63 86

 K
 TOMAS KNOTEK
 MARTIN FRK

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 62
 21
 29
 50

made the jump overseas.

That made life difficult at the rink early on. At times, pointers from his coaches got lost in translation.

"Sometimes coach (talked to me) and I don't understand," he recalls. "In the room, it was very hard for me. Now I more understand. I'm very happy now because I understand more and I think it's good."

Frk, who likes to hang out with veteran teammates Travis Randell and Gerrad Grant, is getting more comfortable with his surroundings.

"I see him at the back of the bus, sitting down, watching a movie with a teammate and the two of them laughing," says Mooseheads head coach Bobby Smith.

Not only has his English improved, he's picked up a bit of French and likes to joke around with his 11 teammates from Quebec.

teammates from Quebec.
"Just the bad words," he says, flashing the toothless grin he got from a slapshot to the mouth in January. "It's funny."

On the ice, he remains a candidate to be selected in the first round of the 2012 NHL draft. The hard-shooting five-foot-11 184-pounder is tied for fourth in QMJHL rookie scoring

with 20 goals and 28 assists for 48 points in 59 games.

Early in the season he was on the receiving end of some big hits, but he has learned to keep his head up.

"Now I know I'm in Canada, not in Czech," Frk says, noting there's "not too much physical hockey" at home.

Smith wants to see Frk put more of his hard shots on goal and drive to the net more often. Evidence of improvement in those areas came last Friday when he tipped in two goals in front and scored another on a slapshot.

"That really underscored his understanding of what he has to do to be successful," Smith says.

With the playoffs set to begin next week, Frk hopes last Friday's hat trick is a sign of things to come.

"I am very excited (because) it's my first playoffs here," Frk says. "I think play hard, maybe win a couple of games ... I think it will be very good."

#### Moose notes



- The Mooseheads, 20-41-1-3, host the Moncton Wildcats tonight, the Bathurst Titan on Friday and the Cape Breton Screaming Eagles on Sunday to close out the QMJHL regular season.
- Defenceman Konrad Abeltshauser will sit out tonight and Friday after receiving a two-game suspension for checking from behind on the weekend.
- Rookie forwards Andrew Ryan (shoulder) and Luca Ciampini (knee) will miss the rest of the regular season with injuries.
- ► The Mooseheads have called up affiliate forwards Andrew Wigginton and Justin Belanger. Wigginton will play tonight and Belanger on Friday.

## GMs open-minded on curbing violence

• There will be baby steps rather than sweeping changes to NHL rules

Change is in the air at the highest levels of the NHL.

The general managers followed commissioner Gary Bettman's lead yesterday by announcing they'd like to see a tighter enforcement of rules on charging and boarding.

The group stopped short of recommending a ban on all head hits something many fans have called for — but they've clearly decided to be more proactive in trying to reduce the number of concussions.
"It's hard to change the

game on the fly, that is for sure," said Pittsburgh Penguins GM Ray Shero. "But I think there's certainly an appetite among the managers to have a safer environment, have the rules followed more aggressively, especially when it comes to boarding and charging ... (and) protecting a vulnerable player. "Everybody's rea

really open about these things and talking about them."

It's created a much different atmosphere at these meetings than in past. Confronted with a growing number of significant injuries and armed with data about what is causing them, the GMs seem to have had their eyes opened to the issue — and have shown a collective willingness to open their minds as well.

In addition to the

"I think it's a sense of let's take out the stuff that we can take out without taking out hitting ... It's integral to the game, it's distinctive to North American hockey." MAPLE LEAFS GM BRIAN BURKE

stricter penalties charging and boarding, the GMs are calling for longer suspensions in instances where there is an illegal head hit, particularly for repeat offenders.

After the meetings wrap up today, the competition committee will examine the offi proposal drafted here. official

Ultimately, that group and the league's board of governors must grant approval.

It's a similar step to the one taken coming out of the lockout in 2005, when the league held a crackdown on hooking and holding infractions.

"We want to apply the



rules that are in the book more adamantly," said Ottawa Senators GM Bryan Murray.

"Head hits aren't all going to be penalized some people outside the game want (that for) any contact.

"We just wanted a stronger application of the rule that's there."

THE CANADIAN PRESS

#### Player reaction

The initial reaction of the players was positve to news of the meetings, but many felt the physical aspect should stay while making hockey safer.

"As a player, you appreciate their concern is to keep us safe. If they've got doctors and medical people telling them this is the way you have to do it, then that's what you have to do," said Phoenix Coyotes captain Shane Doan.

### **Penguins make easy** work of Senators

Tyler Kennedy and Jordan Staal had a goal and an assist each last night while Chris Kunitz added three assists to power the Pittsburgh Penguins to a 5-1 win over the Ottawa Sena-

Ben Lovejoy, Matt Cooke and Zbynek Michalek also scored while Paul Martin and Dustin Jeffrey had two assists each as the Penguins (41-22-8) won for the second straight game over the two worst teams in the NHL. They were 5-1 winners over



PENGUINS

SENATORS

the last-place Edmonton Oilers at home Sunday.

The 29th-place Senators (25-36-9) have now lost two straight after their threegame winning streak was snapped in Buffalo on Sun-

Ryan Shannon had the lone goal for the Senators while Craig Anderson allowed four goals for the second straight game. He made 36 saves while Pittsburgh backup Brent Johnson turned aside 21 of 22 shots for the win

Kennedy gave Pittsburgh a 1-0 lead in an otherwise uneventful opening period, then the two teams scored three goals in just over three minutes to start the second.

THE CANADIAN PRESS

#### **Bruins end** losing skid with OT win

BRUINS

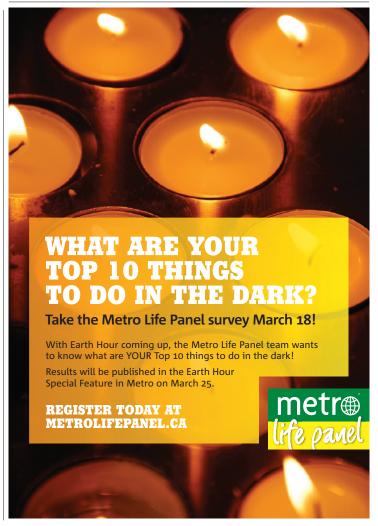
Tuukka Rask stopped all three Columbus attempts and rookie Tyler Seguin scored the lone shootout goal to lift the Bruins to a 3-2 win over the Blue Jackets last night, ending Boston's season-worst four-game losing streak.

Seguin, the No. 2 selection in the 2010 draft who was scratched the last two games, faked Steve Mason with a left-to-right move and scored inside the right post.

Rask made 34 saves through overtime, and David Krejci and Rich Peverley scored regulation goals for Boston

The Bruins entered as the third seed in the Eastern Conference, only two points ahead of Northeast Division rival Montreal

THE ASSOCIATED PRESS





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#### No powertrain upgrade

Unfortunately, there's no upgrade in the powertrain department for the new Jeep Compass model.

The base front-wheel-drive Compass comes with the usual 158-horsepower 2.0-litre four-cylinder. A 172-horsepower 2.4-litre four-cylinder is optional, but standard in 4x4 models. A five-speed manual transmission is standard with either engine, while a continuously variable unit (with no set gearing) is optional.

#### Cherokee-like

After viewing the new Compass head-on, you could be forgiven for confusing it with the stouter Grand Cherokee, which was brand new for the 2011 model year.

From the windshield forward, the Compass is a totally new rig and a very attractive one to boot. The vertical grille slots are adorned with tasteful chrome surrounds and the projector-style headlights literally reflect a more upscale image.

#### A Jeep for your situation

Those who don't plan on playing in the mud can roll with a front-wheel-drive Compass. But for coping with all-weather and bad-road scenarios, you'll need to order Freedom Drive I. With it, you can "lock up" all four wheels in synchronous drive mode for maximum traction.

The more adventurous can now add the Freedom Drive II package, which includes a driver-selectable low-range gear, all-terrain tires, protective skid plates and a beefier suspension setup that's designed for more severe off-trail use.



#### By comparison

#### Nissan Rogue

Base price: \$25,400 Junior-Murano looks and spacious interior makes this Nissan a good bet.



#### Ford Escape

Base price: \$21,450 Popular small ute offers I4 plus optional V6 and gas-electric hybrid power.



#### Hyundai Tucson

Base price: \$21,750 Classy looking, polished wagon is selling like hot cakes. Well done.



HEELBASE MEDI



## Compass is pointing in the right direction



The un-Jeep-est of Jeeps has suddenly found its way to becoming a more respectable member of Chrysler's family of offroaders.

Based on the Dodge Caliber platform, both the Compass and the similarly-sized Patriot arrived for the 2007 model year.

The Compass was mar-

keted as a non-offroader and Jeep purists cried foul over this heritage-robbing travesty, perhaps forgetting that several decades ago Jeep produced the rearwheel-drive Jeepster designed strictly for on-road fun. Meanwhile, with the right gear, the Patriot could venture where the Compass dared not tread.

Following a lengthy delay, the 2011 Compass has finally found its bearings

#### Jeep Compass

What you should know about the 2011 Jeep Compass:

- Type: Four-door, front-/four-wheel-drive compact wagon.
- Engine (hp): 2.0-litre DOHC I4 (158); 2.4-litre DOHC I4 (172).
- Transmission: Five-speed manual; continuously variable (opt.).
- Stats: L/100 km (city/hwy): 9.0/7.0 (2.0, MT).

and, to nearly everyone's surprise, now looks like a proper Jeep. More importantly, it also now matches the Patriot for off-road aptitude and attitude. The changes bestowed upon Jeep's cute ute likely won't be enough to satisfy hard core fanatics, but, honestly, they're not likely the intended target audience anyway.

ence anyway.

It's still not the Jeep-est of Jeeps, but this upgraded Compass is a good bet for buyers seeking out a handsome, fuel-efficient and affordable machine that will take just about anything thrown at it.



#### Fantastic 4 cylinders

Saving gas doesn't mean you have to suffer with a lesser car



anada, we feel your pain and it doesn't just have to do with the price at the pumps: it's the car that goes along with trying to keep gas money in your

For years, driving a fuelefficient vehicle was presumed to be solely a money issue. If you were concerned that the price of gas was eating you out of house and home when it was 40 cents a litre, then you probably wanted a cheap car, too - just the basics to keep the sticker price down.

Times change and with gas at \$1.20 a litre or more, fuel might be eating a lot more people out of house

and home.

But hold the phone. Why do well-equipped vehicles even luxury vehicles have to be thirsty? Why can't we have all the amenities and technology we're used to, but without the wide-eyed look when the gas pump finally goes "click.

We seem to be gradually heading that way, but it means running with small-er and more fuel-efficient engines. That might seem like a contradiction since we've been conditioned to believe that

and baddest engine always comes with the best features. It's an outmoded way of selling cars because it excludes a growing number of buyers who will spend the money to buy the vehicle they want, but just don't want to needlessly spend money on gas to propel it.

What does the number of cylinders have to do with your amenities? Nothing if vou happen to be

Volkswa-

that have the fun-with-fourcylinders factor dialed in vehicle with the biggest without skimping on the The front-wheel-drive VW (Passat) CC sedan appears to be a great refuge for buyers looking for a big step up in style and cachet

fuel dollars.

The base engine for this style statement is a 200horsepower turbocharged

without paying the price in

or Audi, German brands

four-cylinder with a rating of 10.0/6.6 l/100 km (city/highway). You'll get the usual assortment of power goodies plus air conditioning and access to a plethora of options. You won't be able to get allwheel-drive with the fourcylinder, which is the exclusive domain of the optional V6, but you will have your choice of a six-speed manual transmission or six-

price is about \$33,400. The CC features roughly the same base

speed automatic. The base



plant you'll find in the Audi A4 sedan and several other products from the Audi/Volkswagen camp, including the snappy Audi A3 wagon.

Having to deal with high gas prices for many more years than North Americans means that German automakers have had a healthy headstart on efficiency. They have to, of course, when that gas costs the equivalent of about \$2

Other vehicles that offer 4-cylinder engines include the Acura TSX and RDX, Mazda CX-7, Nissan Rogue and Buick Regal.

It might require a little searching, but you really can have your features and keep more gas money where it belongs: in your pocket.

## The new role of turbocharging

#### **DRIVING FORCE**

JIL McINTOSH

DRIVE@METRONEWS.CA

You're probably most familiar with turbocharging as a way of making a car go

The premise is relatively simple: engines require large quantities of air in addition to gasoline, and if that air is under pressure, it increases the engine power. A turbocharger pressurizes the air when engine exhaust routed into it spins a turbine that in turn powers a compressor for better engine perform-

But these days, many

people are focusing more on gas prices than go-fast, and turbocharging is playing a new role. Many automakers are using it to get

more power out of smaller engines, such with Ford's Boost technoloв. gy. "It

leverages the fact turbocharged engines provide tremendous power opportunity,

but it's using that to go to a smaller-displacement engine, which gives you substantial fuel economy," says Barb Samardzich, vicepresident of Ford's global product programs.

"It's like you're getting the next-size-up engine, so

a V6 feels like a V8, and a (four-cylin-der) feel feels like a V6, SO the customer's getting fantastic performance and bene-

fits for the fuel." EcoBoost also uses diinjection, rect

which adds pressurized fuel directly into the combustion chamber. rather than first mixing it with air in the inlet port. This also helps the system to run cooler.

"Turbocharged engines were typically seen as fuel-

thirsty," Samardzich says. "It's because they ran very hot and you'd have to put in more fuel to cool it off. With EcoBoost and direct injection, you can keep that charge cooler."

Typical turbocharged engines of the past needed premium fuel, and the Eco-Boost will deliver a little more power on this more expensive grade, but regular 87-octane gasoline will work just fine.

Overall, Ford estimates that an EcoBoost engine will deliver up to 20 per cent better fuel economy and a 15 per cent reduction in CO2 emissions, while providing improved engine performance.



► The EcoBoost is available in the Ford Focus ST.

Of course, there's always room for a little performance fun, and when the all-new Focus is launched for 2012, you'll be able to get the Focus ST,

with a specially-tuned Eco-Boost 2.0-litre four-cylinder engine that produces 247 horsepower — the first use of EcoBoost in a high-performance model.





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2011 Dodge Grand Caravan Crew shown.§

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#### CHINA'S AUTOMAKERS NOT JAZZED ABOUT EXPORTING



Ever wonder why your jeans, computer and hockey stick are made in China, but not your car? If you're thinking the answer is, "just wait," you might be right. But the wait will definitely be longer than most anticipate.

or one thing, China's automakers took a collective deep breath about a year ago, and decided to concentrate on domestic production and sales, which makes immanent sense really.

Why battle in mature North America and Europe markets, bursting with famous and overachieving brand names, when your models have zero brand recognition there?

A Chang'an Alsvin anyone? And why go to a party across town, when the one happening in your own 'hood is the biggest and baddest one on the planet?

Two years ago, China surpassed the U.S. as the world's largest single-country market. Over 18 million cars and light-duty trucks were sold in China in 2010, compared to about 11.6 million in the U.S.

A recent report suggests Chinese annual domestic ► The Chinese BYD e6 is a fully electric car, expected to be on sale in the U.S. (and possibly Canada) some time in 2012. BYD claims it can travel 300 km on a full charge.

sales will approach 40 million by 2020.

They already make more vehicles than anybody — about 16 million a year — and are poised to make much more in the near future, but they'll need pretty much all of it to satiate domestic demand.

According to auto analyst Michael Pistol, of TJAA Analytics (tjaa.ca), the only Chinese-built vehicles we're likely to see in North America and Europe will be those branded as Ford, VW, GM, etc., or possibly under a

new "sub brand" developed and sold by those automakers.

These vehicles would be built by Chinese operations under contract, or by plants in China owned and operated by American, European, Japanese and Korean automakers (joint and otherwise).

"The Chinese automakers have no intention what so ever of coming into our market under their own brand names," noted Pistol.

But at least one Chinese automaker, BYD, has gone

Top selling cars in China

Big sellers

1 BYD F3

**7** Buick Excelle

Volkswagen Jetta

vehicle to hit these shores is slated to be the all-electric BYD e6, shown at three consecutive Detroit auto shows.

As it stands, the e6 is supposed to be introduced to U.S. fleet operators in late 2011, and to the retail sector in the first quarter of 2012.

But this marks about the third delay in its planned rollout, so don't hold your breath.

on record that it will sell vehicles in the U.S under its own label. BYD, which stands for

"Bring Your Dreams," is fa-

mous for having one very influential investor — Warren Buffet. The BYD F3 is currently

The BYD F3 is currently the top selling vehicle in China. But the first BYD

3

Top Gear

Michigan-based CruiseCam International offers a line of products that was originally developed for law-enforcement agencies, although it offers a universal camcorder/video camera mount suitable for personal use that attaches to the twin-post adjustable head restraints on most popular vehicles. A good idea for recording scenes while on vacation. cruisecam.com.

Any weight removed from the vehicle means faster response. Fidanza's lightweight aluminum flywheels quite literally shave off kilograms from the engine's rotating assembly that includes the crankshaft, connecting rods, pistons and harmonic balancer located at the front. fidanza.com.

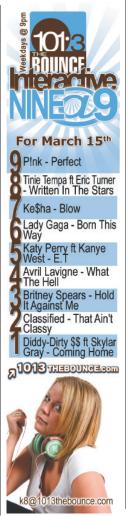
You'll see plenty of light-duty 12-volt portable refrigerators out there, but few are heavy-duty enough to actually keep the contents frozen in hot summer weather. The ARB 47-litre fridge/freezer (one of four sizes) draws just 1.35 amps per hour from your vehicle, which, the company claims, is less than the power it takes to run a single headlight. arbusa.com. WHEELBASE MEDIA



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IN THEATRES MARCH 25TH





## Drop-top season is approaching

▶ Last-gen Miata might be the market's most reliable fun-car buy

#### SECOND GEAR



The warm-weather season is fast approaching and this just might be your year to get into that zippy convertible for weekend getaways.

ible for weekend getaways.
Are fun, affordability
and fuel economy key priorities in your upcoming
used drop-top? If so, be sure
to check out the last-generation Mazda MX-5 Miata.

The last generation of this popular two-seat roadster was available from 1999 to 2005 inclusive, and featured a lightweight body and four-cylinder engine for a pleasing combination of performance and fuel efficiency.

Thousands of owners enjoy the Miata's driving character, manoeuvrability, performance, economy and

#### What's the 4-1-1?

- Model: 1999 to 2005 Mazda Miata
- Vehicle Type: Two-seat convertible roadster
- Approximate used price range: \$6,500 to \$17,000

styling. Of course, trunk space is limited, and there's no rear seat. If these are issues for you, look for a bigger convertible like a Ford Mustang or Mitsubishi Eclipse.

Second-generation Miata's got a 1.8-litre four-cylinder engine with between 122 and 142 horsepower, depending on the year in question. All units were rear-wheel drive, and shifted by a five or six-speed manual gearbox. A four-speed automatic was also available.

GX or GS designations were given to basic and



mid-range models, while GT and Limited models topped out the model range. Look for features like antilock brakes, Bose audio, power accessories, leather seating and a CD-changer.

Note that a special highperformance Mazdaspeed MX-5 Miata was available as well with a 178-horsepower turbo engine. These models are fairly rare, and will cost more to fuel, maintain and insure — though they're a hoot to drive.

#### What Owners Like

Not surprisingly, MX-5 owners say they enjoy agile handling dynamics, fun-to-drive performance, and nearly instant access to that "fun in the sun" motoring experience their rides

are famous for.

Most report excellent shifter feel and fuel economy, too.

#### **What Owners Hate**

Larger drivers typically wish the MX-5 offered up more room for occupants and cargo, and some owners complain of a rough ride on some surfaces.

Common Issues

Inspect the convertible roof mechanism for smooth operation, checking closely for signs of rips or excessive wear.

Does the roof or its storage area smell like mildew? If so, there may be a leak. A duct tape patch job is a bad sign, too.

You'll also want to check for signs of mildew, moisture or rust in the foot wells and under the carpeting in the trunk area. Have a look around the body for rust — especially under the rocker panels and on the bottom of the doors.

Under the hood, check for signs of oil leakage down the side of the block, which could indicate a bad gasket.

Finally, remember that sports cars are likely to have been driven hard—so check the condition of the clutch, brakes and tires before agreeing to purchase.

#### The Verdict

Find a good deal on a clean, used Miata, and you'll join a proud and happy community of thousands of loyal owners.



## Holy guacamole!

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Good call









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Cars & Trucks for Sale

#### **AUTOMOTIVE**

#### Cars & Trucks for Sale



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Convertible 6cvl. loaded, cloth

\$12,985 or \$163 b/w oac



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Cadillac CTS leather, sunroof 53 000km

\$20,985 or \$182 b/w oad

Cars & Trucks for Sale

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2010 Dodge Avenger SXT 139 bi-weekly

Dodge Demon

Fully loaded

with leather

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2010 Jeep Grand

Cherokee Limited

Fully loaded with

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\$0 down, taxes & fees included STK# CH171111

\$169 bi-weekly \$0 down, taxes & fees included STK# CHARGES

STK# CH609205



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2007 Dodge Ram 1500 5.7l Hemi 4X4

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#### Cars & Trucks for Sale



A/C Cloth 35,000km

\$14,985 or \$131 b/w oac.



Mini Cooper 4cyl. Turbo, leather, sunroof

\$18,985 or \$165 b/w oac.



2007 Mitsubishi Outlander AWD 6cvl Auto Loaded, Cloth

\$19,985 or \$174 b/w oac.



5 speed, loaded leather, sunroof 56,000km

\$26,985 or \$233 b/w oac



2008 BMW 530l 6cvl. loaded. 49,000km

\$30,985 or \$268 b/w oad



DOOR

REALTY

Chevrolet Camar 6cvl. Loaded 27.000km

\$26,985 or \$205 b/w oac.

Condos, Townhouses & **Duplexes For Sale** 

#### Cars & Trucks for Sale



8cyl. loaded leather, sunroof,

\$43,985 or \$332 b/w oac.



Chevrolet Cavalier, 1999, 140,000kms. ABS/Anti-lock brakes, Air Bags, Power Brakes, 5 speed, FWD, Undercoated! Many ne parts! Lady Driven. \$1800.00 902-830-5984

#### **REAL ESTATE**

#### Condos. Townhouses & **Duplexes For Sale**

61 Nelsons Landing Blvd, Unit 104 \$148,000 - 1 Bdrm Condo with open con-cept, Large Bdrm, Living Rm and Dining Rm, Laminate floors. Gym and outdoor pool



Cars & Trucks for Sale

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Lease ends: Nov. 18, 2012
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2 sets of tires (all season & studde Non-smoker, underground parked Lease Payment: \$331.20/month Automatic, excellent condition

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Condos, Townhouses &

**Duplexes For Sale** 







**Houses For Sale** 

Houses For Sale

#### NEW CONSTRUCTION SEMI-DETACHED HOMES

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Volande Mason 902 478 3197

#### **Houses For Sale**



122 Seligs Rd -\$189,900 4pm, 4 Bedrms, 2 Bath

Rick Meredith 902 830 5139



130 Cole Harbour Rd. \$264,900 Split Entry 4 Bdrm, 2 Bath, Rec Room, Lg deck & stone patio,

3 year old Halifax home was custom designed with many upgrades such as hardwood floors, custom cabinetry with Corian countertops,

center island, open concept kitchen. Formal

dining room as well, but could be cozy den/of-fice. Finished basement with walkout; rec

room, office area, play room, storage and bath. The 2nd floor has 3 bedrooms, the mas-ter has an ensuite with jacuzzi tub and walk

in closet. Lot is fully landscaped and has ce-

ping. Contact Tamara at (902) 497-7858; or

mail: tamara@whitestonedevelopments.ca

Chalet Style, 3 Bdrm, 2.5 Baths, Upgraded kitchen and bath, 4 decks, water view, Landscaped. Call for

3 Baths including Master ensuite and

Contact Rick Meredith

830 5139

902 478 3197

328 Rolling Hills Dr-\$279,900

R-2000 Home with 5 Bdrms,

**618 Waterstone Run-\$363,500** 2 Stories on 3 acre lot, 3 Bdrm, 3.5 Bath, 60ft water frontage on Webber Lake, Lg deck & above

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#### Garage/Yard Sales

#### THE SALVATION ARMY MISSIONS BENEFIT PROGRAM INVITES

#### ANNUAL YARD SALF WHEN: Saturday, April 2nd, 2011

9:00 am - 1:00pm WHERE: 171 Pleasant Street. Woodside, Dartmouth 902-469-3608 FRFF ADMISSION

Tea/coffee and light refreshments \$1.00 Hot Dogs \$2.00

## Amy & Matt are shackin' up

#### metr@classifieds

Merchandise for Sale

#### ROLEX FOR SALE:

Ladies two tone gold and titanium Rolex. Waterproof. Only 3 years old. Purchased for \$6500 selling for \$3500. Call 440 8497

#### **PETS**

#### Dogs

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Hi my name is Nine! I am an all Black American Pit Bull Terrier. I am looking to stud. I am healthy and well mannered! Please call my person Bianca at 902-483-9859

I'm Charlie a Stud Pug. I have been checked, now looking for a girlfriend. I'm purebred, all black in color. If interested for a date please call 902-461-9129

#### **PERSONALS**

#### **Personals**

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#### Trades

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#### **ANNOUNCEMENTS**

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## f like us

#### **Community Events**

COMMUNITY MEETING MOVING FORWARD THE HRM URBAN ABORIGINAL NETWORK (HRMUAN)

On March 20th, 2011, Aboriginal Community Members (including First Nation, Inuit and Metis, status and non-status) are invited to participate in a community meeting to endorse community priorities and the forma tion of HRM Aboriginal Network (HRMUAN). Add your voice to the HRMUAN! Lunch will be provided and details of a LOGO contest will be given. For more information, or if you cannot attend but would like to be involved with the HRMUAN moving forward,

please contact: movingforwardHRMUAN@hotmail.com

Sunday, March 20th, 2011 - 11:00 - 3:00 Alderney Landing 2 Ochterloney Street Dartmouth, N.S. Tel.: 1(902)461-4698 Fax: 1(902)461-4679

Jade Stone Massage Workshop Excellent foundation for RMT's & Estheticians. April 2-3 @ CCMH. Call Shelley 1-877-545-4433visit

#### **Community Events**



LIVE AUCTION - Fund Raiser Clayton Park Jr High School will be holding a live auction in support of the Grade 9 trip to Montreal and Quebec City. Friday March 25, 2011 6:00 to 7:00 Viewing 7:00 to 9:00 Auction

Winston's Pub 278 Lacewood Dr, Halifax To make a donation please call Karni 444-8329

#### OneMatch

March 22 11am to 4pm Room 224 at the DAL Student Union building. www.OneMatch.ca 1-888-2-Donate

1 800 527-6767

#### SCRAPBOOK?

#### Scrapbook All Day Your Wayl

Location is in Eastern Passage. Date: Saturday May 14th Time: 9am to 6pm

Beginners are welcome too! Stress free event! Door Prizes!

24 spaces available http://ca.mycmsite.com/sites/sharonsweenev

902-471-7797

"Understanding and Treating Health Anxiety and Hypochondriasis" is a free, catered, public event proving information and promoting dialogue on definitions and epidemiology of health anxiety, causes of health anxiety, and treatments for health anxiety at Cafe Istanbul (5986 Spring Garden Road, Halifax) on Sun-day, March 20th, at 1:00 PM. Be there!

#### Spiritual

Pilgrimage to the 3 major shrines in Quebec, Ste. Anne de Beaupre , Notre -Dame -du-Cap and St. Joseph. From June 18-25 at a cost of \$655.00 includes transportation, motels, and 11 meals. Downpayment of \$125.00 by March 18th and the remainder May 18th. For info contact Juanita Bates at 902-466-0625 or Michael Shaw at 902-454-6074.

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#### **MISCELLANEOUS**

#### Miscellaneous



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#### Crossword

12

15

18

28 29

33

37

56

#### 1 Hurry 4 Rescue 8 Green Hornet's ally 12 Raw rock 13 Alternative to Windows 14 "— the Mood for Love" 15 Rowing tool 16 Bell tower 18 Crouch 20 Peculiar 21 Slapstick missiles 24 More mature 28 Asian country 32 Bigfoot's cousin 33 "The Greatest" 34 Cancels out 36 Once around the track 37 Bowling ball's pathway 39 Tea variety 41 Tuck for one 43 Not crazy

50 Soft cheese 55 Travail 56 Smell 57 Met melody 58 Shock and -59 Decisive time 60 - to riches 61 Sweet potato

#### Down

44 Tit for -

46 Anticipate

1 Menageries 2 Baghdad's land 3 Lima's land

force

4 Vacuum cleaners' 5 Literary collection

59 6 Energy

51

7 World's fair 8 Sympathetic 9 "What Kind of Fool

10 Up to 11 Indivisible

17 Bother 19 Police alert, for

short 22 Cabinet dept.

23 Marner of fiction 25 Sandwich shop

26 Handy Latin abbr. 27 Ready for picking 28 Young bovine

29 Winged 30 iPod type

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25 26

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47 48

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▶ Weekend's answer

53 Mound stat

54 Equipment

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20

31 - mater 35 Some Beethover

works 38 Diner

40 Kitten's call 42 Lamb's pop 45 Ski-lift type

47 Vacationing 48 "The Music Man" locale

49 Abound 50 Massachusetts cape

51 Toss in 52 Kiwi's extinct cousin

#### Sudoku

6		9	3		5			
	7				6	2		
4						9	6	5
				2				
9	4						1	8
				5				
8	3	4						7
		1	2				5	
			4		7	8		6

#### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Weekend's answer ▶

3°/2°

Partly cloudy

Today

8	4	1	6	7	2	3	5	9
9	3	7	8	5	1	4	6	2
6	5	2	9	4	3	1	7	8
4	1	6	2	3	9	7	8	5
2	9	5	7	1	8	6	4	3
3	7	8	5	6	4	9	2	1
7	6	9	1	2	5	8	3	4
5	8	3	4	9	6	2	1	7
1	2	4	3	8	7	5	9	6

Thursday

7/1// 40%

8°/0°

Showers

Send a

Show some love! Send a note to somebody special at kiss@metronews.ca

Bea, Thanks for the wonderful 10 years, for all we've accomplished together and looking forward to the rest of our lives being a hoot! Love you forever and ever SUNSHINE

SWEET POTATO! its going to be friday soon, cant wait!! with all these ups and downs, you make it worth it. to writing more lists and 101's, love you 0-POP

Happy 27th Birthday to the one I love very much! Almost 3 years together, and you're still my favourite guy! Can't think of a better way to celebrate than steak and wine LOVE ASHLEYOT XO

Jessica, you are an amazing person. I love you more than words can say and I'm gonna show you.LOVE BJKT <3

Cheli After 27 years you still do it for me baby doll! LOVE YOUR AGING PUPPYDOG GINGY!

to your smartphone

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#### Today's horoscope

#### T Aries March 21-April 20 Mercury in your sign links with Jupiter today, so what you have to do and what you want to do will happily coincide. The key is to approach your work in the right frame of mind.

¥ Taurus April 21-May 21 If you do things by the book today, you will get the rewards you deserve. If you cut corners or tell lies, your underhand methods will most likely rebound on you.

II Gemini May 22-June 21 Mercury, your ruler, joins forces with luck planet Jupiter today, making this an excellent time for creative endeavours and friendships. If you can link the two and work on something together, it'll be successful.

#### Gancer June 22-July 22 It

won't be long before you can be open about that project you have been working on in secret these past few weeks. Today though, there's still more vou can learn.

Ω Leo July 23-Aug.23 Some peodirection they turn, but you have a more positive outlook on life. The world reflects the mind set you choose to project. Think lucky and you'll be lucky. It's that simple.

TV Virgo Aug. 24- Sept. 22 If you made a promise to somebody who occupies a position of power, you will be expected to keep it today. Don't think of trying to back out. You can't say one thing then do another.

ple see doom no matter which

#### 0 For today's crossword answers and for expanded horoscopes, go to metronews.ca

 ← Libra Sept. 23-Oct. 23 Listen carefully to what other people tell you today because even if what they say is not entirely to your liking, there is wisdom in their words that you could use.

M Scorpio Oct. 24-Nov. 22 Your devotion to duty has not gone unnoticed and someone in authority will reward you handsomely before the end of the week. Not that you're doing it for money, of course.

#### → Sagittarius

Nov. 23-Dec. 21 Even the smallest effort will yield wonderful results, thanks to Jupiter, your ruler, linking with mind planet Mercury in the most creative area of your chart. If you can think it, you can do it. If you do it, you'll taste success

#### り Capricorn Dec. 22-Jan. 20

You will get a huge amount of work done in a remarkably short amount of time, but you will get even more done if you use your leadership skills and get other people to help you.

Aquarius Jan. 21-Feb. 18 You will be in demand socially over the next 24 hours but you will have to choose carefully among the many invitations that come your way. You've got an image to maintain.

H Pisces Feb. 19-March 20 The most important thing today is that you control your feelings. If you let them get out of hand you may say something you later regret. Also, don't let money worries get the best of VOU. SALLY BROMPTON

#### **Caption contest** "Crazv leas.

you zigged when you should've zagged JAKE ALWARD



You write it! Write a funny cap

tion for the image to the right and send it to play@metronews.ca the winning caption will be published in tomorrow's



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2011 RVR From

\$17,998'

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#### 2011 OUTLANDER ES

FUEL EFFICIENT 41 MPG, 2.4 MIVEC 4CLY ENGINE AUTOMATIC TRANSMISSION WITH SPORTRONIC® FUNCTION 7 PASSENGER SEATING HEATED FRONT SEATS

2011 OUTLANDER From
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NEW LOWER PRICE
Prices net of Grad, Military and Loyalty rebates if customer qualifies.

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\* The advertised price does not include destination, delivery and fees. Taxes, PPSA, and other fees are also excluded. All rebates & programs applied to sale prices by dealer

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Tillerijs amalished or all new 2011 models purchased through participating designes to qualified retail isostomers who take delivery by March 3.1, 2011 havines may self for less. Some conditions apply, Offers are subject to change without notices. See desire for compited details, ± 2011 RPG (72011 Outlandor MXS models shown have an MSPP of \$28.4 MBB/AS 4.48B and selling price of \$28.4 MBB/AS 4.48B and selling price of \$28.54 MBB/AS 4.48B and s



